

Medication Tracker

Day	Date	Dose X mg	New Vial? Yes/No	Site Location of Shot

- Vial Fill**

- The vial might look underfilled, but it has the right quantity.
- The medication ships in a 20ml vial with 2ml of medication (200 units)
- The pharmacy overfills so you might get slightly more than 200 units



- Syringe Fill**

- Always use a new syringe and needle for each shot.
- Fill the syringe with air equal to the # of units you will be injecting.
- Insert the needle, depress to add right amount of air into the vial.
- Draw up the medication to the unit line at the top of the black syringe stopper (as shown)
- As the quantity is near the last portion, back the needle out so the tip is just inside the vial and draw back the syringe pull

Weekly Dose	Number of units On syringe	Weeks at this Dose In 1 vial
2.5mg	25	8 wks
5mg	50	4 wks
7mg	70	3 wks
10mg	100	2 wks
12.5mg	125	1 wk with 75 units left
15mg	150	1 wk with 50 units left



2.5mg 5mg
25 units 50 units